



CLAN DONALD MID-EAST



Spring 2010

Mid-East Cookbook – A Call for Recipes

The Clan Donald Mid-East fundraising committee has initiated an exciting new project: to create a Clan Donald Mid-East family cookbook. We envision that this cookbook will be sold at clan events and through our website, and that the proceeds will be dedicated to the support of Clan Donald Mid-East functions.

While not all details of cookbook production have yet been determined, we are interested in getting a jumpstart on this project by starting to solicit contributions from Clan Donald Mid-East members. This is your chance to pass along a piece of your very own wonderful family culinary heritage, to be captured forever in published form!

We are looking for copies of your favorite recipes. You can send in just one or you can submit numerous recipes. While we are especially excited about including traditional Scottish recipes in this cookbook, we are also very interested in other favorite family recipes. Categories of the types of recipes that we are looking for include: 1) Appetizers, Relishes and Pickles; 2) Soups, Salads, and Sauces; 3) Main Dishes (Casseroles); 4) Meats, Poultry, and Seafood; 5) Vegetables; 6) Breads, Rolls, and Pastry; 7) Desserts (Cakes, Cookies, Pies, Puddings, and Confections); 8) Beverages and Miscellaneous. Of course, the details of each recipe are of primary and critical importance; so each submitted recipe must include a clear list of ingredients and measurements, as well as detailed instructions for assembly and cooking. In addition, to add a personal touch to this cookbook (and hopefully to make it even more entertaining), we would like to have some information on the origins of your recipe. For example, was this in your family for many generations? Was it your grandmother's, your mother's, your dad's, or yours? Is there some tradition or story that can be told along with the recipe? Also, if your favorite recipe was previously published in another cookbook, we would like to know so that we can be mindful of copyright issues and deal with them appropriately.

To help make the submission of recipes a bit easier for you, we have placed a recipe submission form on the website so you can download it and fill it out. Please try to provide as much specific and detailed information as you are able! ■

Please send your contributions by post or e-mail to:

Susan Makris

6548 Orland Street

Falls Church, VA 22043-1814

makris.susan@epa.gov

If you have any questions, or need assistance, feel free to call Sue at 703-533-7521 (eve), 703-347-8522 (day), or contact her by e-mail at the address above.

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Regional Events 2010:

- June 5 — McHenry Highland Festival, Mountain, MD
- September 4-5 — Virginia Games, The Plains, VA
- September 22-26 — Clan Donald AGM, Myrtle Beach, SC
- October 2 — Chesapeake Celtic Festival, Now Hill, MD
- October 2 — Williamsburg, Scottish Festival, Lanexa, VA
- October 2 — Radford Highlanders Festival, Radford, VA
- October 23 — Meadowfield Games, Doswell, VA



Regional Commissioner's Letter — Dear Kinsmen;

Well we are in another games season, with six games down and fifteen more to go. I haven't been able to attend many this year due to health problems. Concerning my health issues, the cancer treatment is over. Now it's just wait and see mode, to see if I have beaten it or not. I feel optimistic about it. I want to thank you all for your prays and support, I really do need them. We had to postpone the regions trip to Scotland for this year due to a short time line. The Travel agency kindly rescheduled it for us. It will take place next September 2011. I need a clan member to step up and take the position as Trip Coordinator. This is a beautiful trip with stops on the Isle of Mull and a day at Armendale Castle, with a special tour of the Clan Donald Center at Armendale on Isle of Skye. This may be a once in a life time event. Also, were trying something different this year, as we're having a region movie night this May, hosted by Deputy Region Commissioner Stan Darroch and his lovely wife Tracy. I hope to see you there.

We started our planning for the Alexandria Scottish Christmas walk and our Annual Banquet for this December. This year we are working on having one of our Chiefs as a guest of honor. Again this year it will be chaired by John and Marsha Gillies and his outstanding committee. I know that there is a need for sub committee chairmen and members, so if you can please step up and volunteer, your help would be appreciated. The more hands, the less work, and we will have a truly outstanding event.

Also, we have formed an ad-hoc committee under the leadership of Stan Darroch Deputy Region Commissioner to look into the possibilities of the Mid-East Region Hosting the Annual General Meeting in 2012. We need members to volunteer. Another committee has been formed to create the First Mid-East Region Cook Book as a fund raiser. Please feel free to donate your favorite recipe and traditional family recipes that you may have. This project is chaired by Susan Makris. Please contact her if you want to volunteer for this committee.

I understand that an email has been circulating about me — it is a mistaken identification. I know seven David MacDonald Rankin's if you wish to discuss this matter please give me a call.

I hope to see you all this year at one of our events. Remember, the more you put into the organization the more you will get out of it. I hope that you all would consider volunteering for at least one committee, and if not, at least come out to at least one game and help work the tent. You will be shocked how much fun it is, and you will find yourself coming back for more. Remember there is no Joy without Clan Donald. and the Blood is Strong. ■

Yours in Service,

David MacDonald Rankin

Mid-East Region Commissioner

Clan Donald USA

Phone: 240-353-9148



(from left to right) Virginia State Commissioner Jeff Davis, Clan Donald Mid-East Region Commissioner David Rankin, and Stan Darroch, Deputy Region Commissioner for Clan Donald Mid-East at the Royal Mile Pub in Wheaton, Maryland in February, for Clan Donald Mid-East planning meeting.



Maryland Commissioner's Report



If ever anyone needed proof that we MacDonalds are truly a family, look no further than the Southern Maryland games on April 24th. I was out of state on business, unable to participate, and our Regional Commissioner David Rankin was recovering from surgery. It seemed clear that for the first time in many years, this event would proceed without a Clan Donald tent. On April 19th, I sat in my hotel room and read the email on my laptop — the Southern MD games were four days away and disappointment was definitely in the air.

Two nights later, I got back to my hotel room, turned on my laptop and saw what this Clan is all about: our Deputy Regional Commissioner Stan Darroch and longtime loyal Clan Donald Maryland member Carla Jackson took up the standard, rallied several of the troops and at the last moment — made certain that our tent was indeed at the event.

“There is no joy without Clan Donald,” and I’m darn proud to be one! Thanks to all for your efforts. See you at the next event down the road! ■

Fred Greenwood

Maryland State Commissioner

Virginia Commissioner's Report

Hello all Clan Donald members! We have begun the Virginia games season and are looking forward to seeing you at the upcoming games. The Lexington games was a good start to the season, my inaugural games, which began my transition as Virginia State Commissioner. I would like to thank Stan Darroch and David Rankin for their help and guidance. I also would like to thank Margaret and Lloyd Craighill for their warm wishes and fellowship. The Laurel Hill games was a small games, but the setting was beautiful. I would like to thank Forrest Lee Piver for his hospitality, expertise and assistance; without both of those the games would not have been as enjoyable.

We have had several people stop by the tent at both of the games to discuss their Clan Donald heritage. I think our continued presence at the games are an important factor in creating new membership. I am a living example, as one Sunday I stopped by the Clan Donald tent in Richmond and after a conversation with Stan Darroch, I became a member. I remember seeing other Clan Donald members in the tent, and felt very comfortable. Virginia has a break between games, as our next event is The Virginia Games (September 4th & 5th.) If you can attend, please do so. Your attendance at the tent and the games helps educate people on their Clan Donald heritage, but besides that it gives us all a chance to enjoy the games and each other's company.

If there are ideas you have for events or things we could be doing in Virginia, please do not hesitate to contact me. ■

Yours in Service,

Jeff Davis

Virginia State Commissioner



Annual Christmas Walk and Banquet

The annual Scottish Christmas Walk in Old Town Alexandria, will be held on December 4, 2010. As for 40 years, the Clan Donald Mid-East Region will hold its Annual Banquet that evening at the Sheraton Suites, Old Town Alexandria.

This article is “mark-your-calendar” notice for the early planning that is being done by our hard-working commissioner and your Banquet Committee. Two years ago, we had 225 members of Clan Donald participate in the Walk, and 200 attended the Banquet festivities. It was a great turnout! We hope to equal or exceed those numbers this year.

We are planning to feature again those highlights that made past Banquets a wonderful success – a pipe band, a Scottish musical trio, Celtic Christmas music, the traditional address to the Haggis, entertainment, a full gift bag, an extensive silent auction, an award ceremony, and a few (short) remarks by Clan leaders. Plus, best of all – scores of our gentleman and lady Clan members. We hope to have a Clan Chief as our honored guest.

We will be establishing again an easy and expedited registration method on the Clan Donald Mid-East website, and will announce that shortly. In the meantime, we need volunteers to help with the many aspects of the Walk and Banquet and urge you to contact us to participate.

Finally, we ask you to consider a donation for our Silent Auction, which was so well received last year. This can be a personal item, or one (or more) items from your favorite Scottish vendor. See you in Old Town!

Yours in kinship.

Marsha and John Gillis, Event Chairs.

Contacts: cell: 804-824-4664; fax: 804-693-4545; email: johngillis@attglobal.net



(top left) Clan Donald walking with pride during the 2009 Alexandria, Virginia Christmas Walk, in dreadful conditions.



(bottom left) Musicians provide festive auditory delights for those at the 2009 Annual Banquet.



(top right) Susan Makris with friends and family listen closely to one of the Clan speeches at the Banquet.



(bottom right) Clan members waiting patiently to sample the traditional haggis.



Clan Donald Mid-East Genealogy

In the sixth century, Pope Gregory saw blonde haired, blue eyed boys for sale in a Roman slave market. Pope Gregory was very interested in the looks of these boys and asked about their origin. He was told they were Angles from Briton. Gregory said, "Non Angli, sed Angeli." (Not Angles but Angels. The Romans enslaved thousands of white inhabitants of Great Britain.

The eighth to the eleventh centuries was very profitable for Rouen, France. Rouen was the transfer point of Irish and Flemish slaves to the Arabian nations. The major component of slave trade in the eleventh century were the Vikings. In the early centuries AD, the Scots were called 'Irish'. Many 'Irish' were taken to Spain, Scandinavia and Russia. Legends have it that some 'Irish' may have been taken as far as Constantinople.

Hundreds of thousands of Scots sold into slavery during Colonial America. White slavery to the American Colonies occurred as early as 1630 in Scotland.

According to the Egerton manuscript, British Museum, the enactment of 1652: "it may be lawful for two or more justices of the peace within any county, city or towne, corporate belonging to the commonwealth to from tyme to tyme by warrant cause to be apprehended, seized on and detained all and every person or persons that shall be found begging and vagrant.in any towne, parish or place to be conveyed into the Port of London, or unto any other port from where such person or persons may be shipped into a forraign collonie or plantation."

The judges of Edinburgh Scotland during the years 1662-1665 ordered the enslavement and shipment to the colonies a large number of rogues and others who made life unpleasant for the British upper class. (Register for the Privy Council of Scotland, third series, vol. 1, p 181, vol. 2, p 101).

The British government had realized as early as the 1640's that white slave labor was beneficial to profiting colonial plantations. Slavery was instituted as early as 1627 in the British West Indies. The Calendar of State Papers, Colonial Series of 1701 records 25000 slaves in Barbados in which 21700 were white slaves.

The Quoke Walker case in Massachusetts 1773 ruled that slavery, contrary to the state Constitution, was applied equally to Blacks and Whites in Massachusetts.

White slavery in America was real. There are many documents that verify the bondage, kidnapping and transporting of whites to the Colonies as slaves. The importance of this information may help those who cannot find a ship passenger list with their ancestor.

JoAnn Carroll

If you wish to contact JoAnn, you may do so via her email address: book.worm6@verizon.net

Passing of Former High Commissioner

It has come to our attention that former Clan Donald High Commissioner Colonel Jack McDonald has passed away on May 17, 2010. There will be a memorial service at Christ Church on St. Simons Island, Georgia on July 3. Please keep Colonel Jack's wife, Maryalice, in your thoughts during this time.



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Clan Donald Mid-East Officer Information

Clan Donald Regional Officers

Regional Commissioner: David MacDonald Rankin

Email: Davidmrankin6@cs.com

Deputy Regional Commissioner: Stan Darroch

Email: stdarroch@yahoo.com

Membership Coordinator: Pam Dillon

Email: ldenticalTwin11@hotmail.com

Chaplain: Rev. Ernest McDaniel

Email: revernest@chatmossable.com

Chancellor: John Gillis

Email: johngillis@attglobal.net

Genealogist: JoAnn Carroll

Email: book.worm6@verizon.net

Newsletter Editor: James Clemenko

Email: james@clemenko.net

Region Historian: Bob Scripp

Email: wildpict@verizon.net

Webmaster & Glencoe Day Event Coordinator:

Rick Keller

E-mail: rkeller49@verizon.net

Delaware Commissioner: Andrew Engle

Email: iskeet1128@aol.com

District of Columbia Commissioner: Vacant

Maryland Commissioner: Fred Greenwood

Email: skfred@verizon.net

Virginia Commissioner: Jeff Davis

Email: jefferybeene@gmail.com

West Virginia Commissioner: Dale Field

Email: celticguy1220@yahoo.com

“12 Highlanders and a bagpipe make a rebellion.”

-- Scottish Proverb

Name this Newsletter!

We need your assistance. This newsletter needs a proper name, in Gaelic or English, befitting Clan Donald Mid-East. Please send me your nominations. You can send them to me at: james@clemenko.net

One will be chosen to adorn the top of this newsletter in future issues. The nominations will be chosen based on their relevance and honor of Clan Donald Mid-East.

Clan Donald Mid-East Website

Rick Keller does a fantastic job maintaining this great resource — the Clan Donald Mid-East website. I encourage you all to visit it often. You will find much more updated information regarding future events, past events, photos, the Cookbook Family Recipe Submission Form, officer information, and much more.

And coming soon to the website: advertising! Please go to the website for more information.

To visit the website, go to: <http://www.mid-east.clan-donald-usa.org>.



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Cookbook Recipe Submission Form (*sample*)

Below is what the submission form for the Clan Donald Mid-East Cookbook looks like. This form is very small, so we recommend you visit the **Clan Donald Mid-East website**, download the form, fill it out and send it in.

RECIPE CATEGORY (check one):

- Appetizers, Relishes and Pickles; Soups, Salads, and Sauces; Main Dishes (Casseroles);
- Meats, Poultry, and Seafood; Vegetables; Breads, Rolls, and Pastry;
- Desserts (Cakes, Cookies, Pies, Puddings, and Confections); Beverages and Miscellaneous

RECIPE NAME: _____

INGREDIENTS (Note: if the recipe has multiple steps that require more than one ingredient list and set of instructions, place this information on additional pages):

Amount	Item	Amount	Item
_____	_____	_____	_____
_____	_____	_____	_____

INSTRUCTIONS:

(**Preparation** of materials: include information such as pre-heating of oven; cutting, peeling, marination of ingredients, etc.)

(**Assembly** of ingredients: provide clear and sufficient details) _____

(**Cooking instructions:** be specific regarding such things a pan sizes, burner or oven temperatures, time for cooking, etc.):

(**Serving instructions:** include such information as temperature, serving size, etc. If you have nutritional information, you may provide that here.) _____

RECIPE SUBMITTED BY (your name as you would like to see it published in the cookbook):

Name: _____

Street Address: _____

City: _____ **State:** _____ **Zipcode:** _____

Phone (eve): _____ **Cell:** _____ **Phone (day):** _____ **Fax:** _____

E-mail: _____

Additional information about this recipe (for example: Is this a traditional Scottish recipe? What family member did it originate with? Has it been previously published in another cookbook? Is there some interesting personal or family story connected with the recipe?)

Please send this recipe by post or e-mail to:

Susan Makris

6548 Orland Street

Falls Church, VA 22043-1814

makris.susan@epa.gov

Clan Donald Mid-East

3422 Memphis Lane
Bowie, Maryland 20715

Tel: 240-353-9148

E-mail: Davidmrankin6@cs.com



Check out the Clan Donald Mid-East Website

<http://mid-east.clan-donald-usa.org/index.html>
